



Emotional maturity among adolescents in Relation to parental involvement

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Abstract

Sound emotional maturity is important for success in life and it is quite essential to possess a well balanced personality. An emotionally mature person can utilize his/her energy properly for his betterment. He can think about a developed society and get more recognition from his family, teachers, Friends and society. Parental involvement helps their children in teaching the form of parent's values and aspiration modeled in the home. It is a major force to shape children in adjustment. During this period, adolescents have a great need of support and education for their positive development. As these two aspects of person's life is important for his/her present and future success. The investigator decides to study emotional maturity among adolescents in relation to Parental involvement. The study will help the students to maintain their emotional maturity and improve their parents behaviour. The investigator is fascinated to take the present problem.

Keywords: emotional maturity, parental involvement

Introduction

Emotional play a vital roles in human life. These are present in every activity of human beings. They are the prime mature or motivating forces of thought and conduct. Emotions give zest and spice to life and add important qualities to personality. No individual can personally and socially well adjusted without being emotionally mature. Emotional maturity is an essential ingredient of an educated, cultured and successful person.

Emotional maturity is not only the effective determinant of personality pattern but it also helps to control the growth of adolescent's development. There are many situations when we fail in our attempts and get frustrated. Our failures and frustrations may bring injury to our ego and thus give birth to feeling of inferiority and anxiety. The entire path for going ahead seems to be blocked. Most of us do not ready to face the reality by accepting our failures but tend to resort to certain mechanisms for defending our inadequacies or anxieties.

Parents provide emotional, financial, social, intellectual and physical involve to a child. He is fully dependent on his parents. Parental involvement is very important for the education of a child. Without parental involvement, Education is not possible for a child. Parental involvement include all type of financial, social, emotional involves. It also includes motivation, love, affection, aspiration, moral and physical involves etc. Parental involvement helps to develop creativity, self-confidence, self-concept, self-efficiency, communication, other life skills and relationship among children. Parental involvement is an essential factor which directly affects the educational life of a child.

Objectives

- 1 To study the relationship between emotional maturity among adolescents and parental involvement.
- 2 To study the significant difference in emotional maturity

among adolescents with respect to gender.

- 3 To study the significant difference in parental involvement among adolescents with respect to gender.
- 4 To study the significant difference in emotional maturity among adolescents with respect to locale.
- 5 To study the significant difference in parental involvement among adolescents with respect to locale.

Review of related literature

In the present study the investigator has reviewed the following studies onemotional maturity and parental involvement.

Bharti Sharma (2010) ^[1] in her study on "Adjustment and Emotional Maturity among first year collage students" identified that there is significant difference in the adjustment process of the first and final year students as far as social, emotional and educational areas are concerned while no significant difference was observed in home and health areas.

Subharayan, G Visvanathan (2011) in their study on "Emotional Maturity of college students" founds that sex religion influenced emotional maturity and type of family had not influenced emotional maturity.

Dalwinder Singh, Simerjeetkaur, Gaurav Dureja (2012) in their study on "Emotional Maturity differentials among University students" identified that male non-sportsperson performed significantly better on all the sub variables that is emotional instability, emotional regression, social maladjustment, personality disintegration, lack of independence and emotional maturity than female non sportspersons

Fatima Tehsin and Saleem Muhammad *et al.* 2013 Conducted a study on parental involvement and academic achievement; a study on secondary school students of Lahore, Pakistan. The objective of this study was to explore the effect of parental involvement on academic achievement of their children. A

sample of 150 students (boys and girls) of 9th class of secondary school (public and private) were taken. The finding was that parental involvement has significant effect an academic performance of their children.

Publ. RM and Luedicke. J (2013) Conducted of study on parental involvement for policy measures and school-based efforts to address weight-based victimization of overweight youth. The main objective of study was assessed parental involvement for potential measures to address the problem. A national sample of parents in the United States 919 completed an online questionnaire. The findings indicated that there is substantial involvement from parent, both with and without overweight children.

Methods of the study

The method of research which concerns itself with the present phenomena in terms of conditions, practices, beliefs, processes, relationships or trends invariably is termed as descriptive survey. The selection of the methods depends upon the nature of the problem selected and the kind of data required for its selection.

Simple random sampling is that method in which each item of universe has an equal chance of being selected in the sampling

the investigator selected 200students (rural &urban) from Hoshiarpur district. There were 100 girls and 100 boys from different school of Hoshiarpur district. The tools employed in present study are as follow:

1. Emotional maturity scale by Yashvirsingh and Mahesh Bhargava (1993)
2. Parental involvement scale by Dr. Vijaya Laxmi Chouhan and Mrs. Gunjan Ganotra Arora.

Analysis and Interpretation

Analysis means to break down the data in small parts and Interpretation means to give meaning to the data. The detail description of statistical analysis and interpretation are given below:

Hypothesis 1

There exists no significant relationship between Emotional Maturity among adolescents and Parental involvement.

Result 1

Negative relationship between Emotional Maturity among adolescents and Parental involvement.

Table 1

Category	Variables	Mean	Value of 'r'	Significant of level	Remarks
Adolescents	Emotional Maturity	132.8	-0.036	Negative	Hypothesis accepted
	Parental involvement	85.8			

Table No.1 Shows that mean score of emotional maturity among adolescents is 132.8 and mean score of Parental involvement of adolescents is 85.8 respectively. The correlation between emotional maturity and parental involvement is -0.036. This is not significance at 0.05 levels. Hence, hypothesis no. 1 is accepted, which states that “There exists no significant relationship between Emotional maturity and parental involvement”.

Hypothesis 2

There exists no significant difference in Emotional Maturity among Adolescent with respect to gender.

Result 2

Not Significant difference in Emotional Maturity among Adolescent with respect to gender.

Table 2

Category	Number	Mean	S.D	S.E _m	S.E _D	C.R	At 0.05 level	Remarks
Boys	100	130.47	25.15	2.515	3.814	0.951	Not Significant	Hypothesis accepted
Girls	100	134.1	28.68	2.868				

Table No 2 shows that mean score obtained of emotional maturity scale by 100 boys is130.47 and by 100 girls is 134.1 respectively. The standard deviation obtained of emotional maturity scale by 100 boys is 25.15 and by 100 girls is 28.68respectively. The critical ratio is 0.951 which is not significant at 0.05 levels. Hence, hypothesis no.2 is accepted which states that “There exists no significant difference in the Emotional Maturity of adolescent with respect to gender.”

Hypothesis 3

There exists no significant difference in Parental involvement among adolescent with respect to gender.

Result 3

Not Significant difference in Parental involvement among adolescent with respect to gender.

Table 3

Category	Number	Mean	S.D	S.E _m	S.E _D	C.R	At 0.05 level	Remarks
Boys	100	85.94	8.932	0.893	1.267	0.857	Not Significant	Hypothesis accepted
Girls	100	84.86	9.007	0.900				

Table No. 3 shows that mean score obtained of Parental Involvement scale by 100 boys is 85.94 and by 100 girls is 84.86 respectively. The standard deviation obtained of parental involvement scale by 100 boys is 8.932 and by 100 girls is 9.007 respectively. The critical ratio is 0.857 which is not significant at 0.05 level. Hence, hypothesis no.3 is accepted which states that “There exists no significant difference in Parental involvement among adolescents with respect to gender.”

Table 4

Category	Number	Mean	S.D	S.E _m	S.E _D	C.R	At 0.05 level	Remarks
Rural	100	119.55	19.728	1.972	3.207	7.474	Significant	Hypothesis not accepted
Urban	100	145.02	25.302	2.530				

Table No.4 shows that mean score obtained of emotional maturity scale by rural is 119.55 and by urban is 145.02 respectively. The standard deviation obtained of emotional maturity by rural is 19.728 and by urban is 25.302 respectively. The critical ratio is 7.474 which is significant at 0.05 level. Hence, hypothesis no.4 is not accepted which states that “There exists no significant difference in the Emotional Maturity among adolescent with respect to locale.”

Hypothesis 4

There exists no significant difference in Emotional Maturity among adolescents with respect to locale.

Result 4

Not Significant difference in Emotional Maturity among adolescents with respect to locale.

Hypothesis 5

There exists no significant difference in Emotional Maturity among adolescents with respect to locale.

Result 5

Not Significant difference in Emotional Maturity among adolescents with respect to locale.

Table 5

Category	Number	Mean	S.D	S.E _m	S.E _D	C.R	At 0.05 level	Remarks
Rural	100	86.22	9.303	0.930	2.34	0.700	Not Significant	Hypothesis accepted
Urban	100	84.58	21.582	2.158				

Table No. 5 shows that mean score obtained of Parental involvement scale by rural is 86.22 and by urban is 84.58 respectively. The standard deviation obtained of parental involvement by rural is 9.303 and by urban is 21.582 respectively. The critical ratio is 0.700 which is not significant at 0.05 level. Hence, hypothesis no.5 is accepted which states that “There exists no significant difference in Parental involvement among adolescents with respect to locale.”

Conclusion

The following are the conclusion of the study conducted keeping in view of the hypotheses:-

- From table no.1** it is concluded that the correlation between Emotional maturity and parental involvement is slightly negative and the value of r is -0.361 which is not significant at 0.05 levels. Hence, hypothesis no. 1 is accepted, which states that ““There exists no significant relationship between Emotional maturity among adolescents and Parental involvement””.
- From Table No.2** it is concluded that there exists no significant difference in Emotional Maturity of adolescent with respect to gender. The critical ratio is 0.92 which is not significant at 0.05 levels. Hence, hypothesis no.2 is accepted which states that “There exists no significant difference in the Emotional Maturity among adolescent with respect to gender”
- From Table No.3** it is concluded that there exist no significant difference in the Parental involvement among adolescent with respect to gender, the critical ratio is 0.81 which is not significant at 0.05 levels. Hence, hypothesis no.3 is accepted which states that “There exists

no significant difference in the Parental involvement among adolescent with respect to gender,”

- From Table No.4** it is concluded that there exist no significant difference in the Emotional Maturity among adolescent with respect to locale. The critical ratio is 7.49 which is not significant at 0.05 levels. Hence, hypothesis no.4 is rejected which states that “There exists no significant difference in the Emotional Maturity among adolescent with respect to locale.”
- From Table No.5** it is concluded that there exist no significant difference in the Parental involvement among adolescent with respect to locale. The critical ratio is 0.2245 which is not significant at 0.05 levels. Hence, hypothesis no.5 is accepted which states that “There exists no significant difference in the Parental involvement among adolescent with respect to locale.”

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